Healthy Urban Living in Utrecht

Miriam Weber
Stakeholder consultation
Towards an 8th EAP
4th Most rapidly growing city

UTRECHT REGION
Second place for Utrecht as the most Competitive Region of Europe
How do we create a healthy urban environment?
Happier
Sustainable
Healthy Urban Living.
300 thousand travellers every single day
Utrecht City Centre

30% less cars
20% more cyclists

Utrecth Region
FIRST FULLY LOW-EMISSION ZONE IN THE NETHERLANDS
100,000 bicycles roam through our city every day

2nd bicycle city in the world
12,500 bikes can be stored in the new bike parking.
OUR STRATEGY FOR THE FUTURE OF OUR CITY
Health (Inequalities) in all Policies (HiAP)

- Different sectors working together to ensure all people have equal opportunities to achieve the highest level of health
Contact?

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Building a healthy future

https://www.youtube.com/watch?v=HlzY4vCLks4
Healthy Urban Living (HUL) in Utrecht
Enhancing health and resilience for all
  Increasing (health)inequalities, debts, and gaps in (health) competencies, pressure on society in a rapidly growing city...

Future of work for all
  Work opportunities < population increase, new markets, increasing part of population lagging behind, limited spin-off from knowledge and research institutes...

Huge efforts on energy neutral Utrecht
  Energy transition, replacement of (energy) infrastructure, debts of house owners and tenants...
Specification and realisation of mobility system change

- Current mobility system reached its borders, changes in mobility (mode) use, economic growth and quality of life under pressure, accessibility for all....

Health care and support nearby and tailor-made

- Social basis, new concepts of living-caring, affordable living....

Digital city open to all

- Digital competencies, vendor lock-in, digital versus physical living environment...

A compact as well as green city

- Pressure on housing market, liveability and living together in a crowding city, climate change effects....
More information?

- https://www.volksgezondheidsmonitor.nl/
- http://healthybitesutrecht.blogspot.nl/
- http://gezondetoekomst.utrecht.nl/#/gezonde-wijk
Triple helix collaboration