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11th plenary session of the Euro-Mediterranean Regional and Local Assembly (ARLEM)

22-23 January 2020 Barcelona

PRACTICAL INFORMATION

Barcelona, the second largest city in Spain, is the capital of the Autonomous Community of Catalonia.

<u>Visa</u>

EU citizens only need a valid passport or identity document.

For non-EU citizens, please check visa requirements with the diplomatic representation of Spain in your country well in advance of the trip and obtain the necessary visa before departure.

Meeting venue

The ARLEM plenary session will be held at the following address:

Palau Reial de Pedralbes Carrer de Pere Duran Farell, 11 08034 Barcelona (Spain)

Website: https://www.barcelona.cat/en/conocebcn/pics/atractivos/el-palacio-real-de-pedralbes_95090122928.html

Getting there by plane

Josep Tarradellas Barcelona-El Prat Airport (IATA code: BCN) is located 15 kilometres southwest of the centre of Barcelona.

Transfer from/to the airport

An airport shuttle will be provided by the Municipality of Barcelona between Josep Tarradellas Barcelona-El Prat Airport and the recommended hotel(s) on 21 January (afternoon) and 22 (morning).

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ARLEM Secretariat – Tel. +32 2 2822232 (direct) – arlem-secretariat@cor.europa.eu - Webpage: cor.europa.eu/arlem.go

Likewise, transportation will be provided from the recommended hotel(s) to the airport on 23 January (afternoon) and 24 (morning).

The time slots shall be communicated mid-January 2020. Participants who wish to use this service should indicate the flight number and arrival/departure time in the electronic registration form.

Metro

Metro line 9, L9 Sud, connects the airport with the "Zona Universitària" stop (600 metres from the meeting venue). The journey takes about 30 minutes. The ticket costs EUR 4.60.

Bus (Aerobús)

There is a bus service between the airport and the city centre (single ticket: EUR 5.90). The journey takes about 35 minutes, depending on traffic. Please check the timetable and stops using this link: http://www.aerobusbcn.com/en

Train

The R2 North Line of the local train service connects the airport to Barcelona. The journey takes about 25 minutes to the city centre (single ticket: EUR 4.20).

Please note that there is train station at Terminal 2 only. If you arrive/depart from Terminal 1, please use the following link for information on how to connect between terminals: http://www.aena.es/en/barcelona-airport/connection-between-terminals.html

Taxi

The taxi journey takes about 20-30 minutes depending on traffic and your destination in the city. The approximate cost of a trip to the centre is EUR 40 (depending on the taximeter).

<u>Reimbursement of travel expenses</u> (ONLY for the ARLEM members entitled to reimbursement, ARLEM experts and speakers)

Arrival and departure must take place no more than 48 hours before and after the end of the ARLEM meeting respectively. The programme is scheduled to start on 22 January at 2.30 p.m. and to finish at around 5 p.m. on 23 January.

Hotels recommended by the organisers

Hotel Arenas Atiram 4*

Address: Carrer del Capità Arenas, 20

www.atiramhotels.com

Price:

Double room (single use), breakfast included: 90€
Tourist tax per night per person: 1.21€
Approximate 10 minutes walk to the meeting place

Hotel Catalonia Rigoletto 4*

Address: Carrer de Sabino de Arana, 22-24

https://www.cataloniahotels.com/es/hotel/catalonia-rigoletto

Price:

Double room (single use), breakfast included: 121€
Tourist tax per night per person: 1.21€
Approximate 10 minutes walk to the meeting place

AC Diagonal L'Illa By Marriot 4*

Address: Avinguda Diagonal 555

https://achotels.marriott.com/es/hotels/ac-hotel-diagonal-lilla

Price:

Double room (single use), breakfast included: 152€
Tourist tax per night per person: 1.21€
Approximate 20 minutes walk to the meeting place

Hotel NH Collection Constanza 4*

Address: carrer Deu I Mata, 69-99

https://www.nh-collection.com/es/hotel/nh-collection-barcelona-constanza

Price:

Double room (single use), breakfast included: 170€

Tourist tax per night per person: 1.21€

Approximate 20 minutes walk to the meeting place

All the hotel reservations will be managed by the Julià Central de Viatges travel agency.

All participants should contact Anna Gomez at the following email address and telephone number:

 $\underline{agomezc@central via.es}$

Tel: +34 93 454 71 05

In order to guarantee availability at the recommended hotels, we kindly advise you to make the reservations sufficiently in advance.

In order to get the special rate at the recommended hotels, please indicate in your booking request that your reservation is linked to your participation in the 11th ARLEM plenary session.

We remind you that neither the ARLEM secretariat nor the Municipality of Barcelona can make reservations or be held responsible for them.

Members are free to book another hotel of their choice. Please note, however, that shuttles between other hotels and the meeting venue are NOT planned.

Health

No vaccination is required to enter Spain.

Safety and security

The whole country is on normal vigilance.

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National emergency numbers

- Emergency call number: 112

Local Police (Guàrdia Urbana): 092

National Police: 091Civil Guard: 062Firefighters: 080

Medical assistance: 061

Communications

For international calls to Spain, please dial +34

Time zone

Time GMT +1

Electricity

In Spain the electrical sockets are type F. The nominal voltage is 220 V and the standard frequency is 50 Hz.

Weather conditions

Winter is mild in Barcelona: in January the average temperature is 13°C during the day with mornings and evenings that can be cool.

Foreign exchange and banks

The currency used in Spain is the euro.

Registration form

You can register to the 11th Plenary Session of ARLEM using this link https://ec.europa.eu/eusurvey/runner/11th_ARLEM_Plenary_session_Barcelona

Contact information

If you have any questions about your participation in the ARLEM plenary session, please contact the ARLEM secretariat:

• E-mail: arlem-secretariat@cor.europa.eu

• Tel: + 32 (0)2 282 2232; a service mobile phone number will be provided a few days before the meeting.

ARLEM website: cor.europa.eu/arlem.go